



Gabrielle Uptegraph

My name is Gabrielle Uptegraph, and I grew up in Lancaster, Pennsylvania. I went to West Chester University for my undergraduate degree in Cellular and Molecular Biology. It was there that I discovered my love of medicine, and passion for patient care, while I shadowed many Doctors. I spent majority of my time in a podiatry office and quickly found myself applying to Temple University School of Podiatric Medicine. I completed the next four year of my medical training at TUSPM in Philadelphia. I will now be completing my foot and ankle residency at Inova Fairfax Medical Campus, located in Fairfax Virginia.

In my free time, I love to stay active. I am currently training for my first marathon and running has become a major part of my wellness routine. I also have a love for cooking and trying new cuisine. The Arlington/DC area has given me a plethora of new things to try and trails to run on which has been great. Regarding my professional goals, I am surrounded by incredible co-residents and talented attendings that are encouraging me to grow in research and surgical technique. I look forward to what the next three years have instore.